Enabling the patient to remain at home Living my Life with Day Care with Treatment

Authors: Jolanda Euverman, Jesseke de Man of Huntington Centre Topaz Overduin, Katwijk, The Netherlands

Day Care with Treatment at Huntington Centre Topaz Overduin offers specialized counseling, treatment and care as well as activities. Our goal is to strengthen the patients' and caregivers' mental resilience and their ability to cope with physical limitations thus enabling them to 'live their life' inspite of the consequences of HD.

Results of Day Care with Treatment

- Structure in patient's life
- Patient's understanding of the disease increases
- Contact with fellow patients (recognition and mutual understanding)
- Enabling the patient and his caregivers to cope with recurring difficulties
- Possibility to familiarize oneself with residential care
- Self acceptance and acceptance from the patients surrounding
- Enabling the patient to remain at home for as long as possible



Huntington Centre Topaz Overduin



Opening and closure of the day While enjoying a refreshment the day is started and closed together. During this time clients share daily events and feelings. Or talk about the news and other topics of interest



Activities A variety of recreational, work-related and social activities is offered, both individual and in a group.



Transportation Taxis or Topaz buses drive clients to and from Topaz Overduin.



Therapy Based on their needs clients receive physio-, speech-, occupational- and / or psychological therapy, both individual and in a group.



Personal Coach Each client has a personal coach who acts as contactperson for the client, his caregivers and the therapists



Weekly multidisciplinary meetings The multidisciplinary team meets weekly to discuss the clients' wellbeing, needs for therapy, the course of the disease and to determine individual care and treatment programs.



Therapeutic activities

Besides recreational activities, therapeutic activities are being offered, for example brain-training on the computer, using an adapted keyboard.



In a calm environment a meal is served. If needed guidance is given on nutrition and ingestion.

http://huntington.topaz.nl