

## Practical tools and transfer aids in daily care for clients with advanced HD

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### Background

In the last stages of the disease many clients require assistance with transfers and care because of the physical limitations, in combination with involuntary movements, reduced cognitive abilities and behavioral disorders. Standard procedures for transfers or the use of equipment are not designed for these patients and are a potential threat to the health of patients and a tremendous physical strain for nurses.

### Methods/techniques

A selection of the top 5 most strenuous transfers was selected by way of a survey in HD-experienced care staff.



### Results

A study team consisting of physiotherapists, an occupation therapist and care staff used a predefined 'trial and error' protocol to compare traditional and experimental methods.

After experimenting with new methods and material, a new manual is developed with procedures and materials for advanced HD adjusted transfers and practical tools.

Want to share experiences?

Please contact us!

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